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ChievresFMWR BrusselsMWR SchinnenMWR



**BeneluxFMWR** 



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## **USAG BENELUX ACTIVITIES**



#### **AUTO SKILLS & EQUIPMENT RENTAL CENTER**

#### **CHIEVRES and BRUSSELS**

Get your car ready for the cold weather that is sure to come! The friendly and experienced staff are available to assist you with your vehicle repairs, or do the repair work for you. They also have you covered for your equipment rental needs. For hours of operation, visit our website.

Chievres: DSN: 361.5796 or CIV: 068.27.5796 Brussels: DSN: 368.9743 or CIV: 02.717.9743.



#### **4 WEEK WEIGHT LOSS CHALLENGE**

**BRUSSELS** 

#### WEDNESDAY, JANUARY 10 11 AM 3 STAR RECREATION CENTER

Register for this challenge and you will have the opportunity to learn about nutrition and how it can affect your body. Class participants will receive a 4-week nutrition and work-out plan. The program kicks off with a discussion about nutrition and details about the challenge. This challenge is brought to you by the Brussels Fitness Center and hosted at the 3 Star.

Call CIV: 02.717.9667 or DSN: 368.9667

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

# **EVENTS: Chievres/SHAPE**Wellbeats

Fitness on Demand

DSN: 361.5643 or CIV: 068.27.5643

Check out our monthly calendar on benelux.armymwr.com for a current list of program and events at the Chievres Fitness Center.

FRIDAY, JANUARY 5	7 PM
• NEW YEAR'S BALL	CYS
FRIDAY, JANUARY 19	5 PM
• FUN FOR KIDS	CHIEVRES CAC
<b>JANUARY 22 - 23</b>	8:30 AM
<ul> <li>NEWCOMERS' ORIENTATION</li> </ul>	ACS
TUESDAY, JANUARY 23	10 - 11 AM
DEPLOYMENT & YOUR CHILD	CYS
THURSDAY, JANUARY 25	10 - 11:30 AM
• 10 STEPS TO A FEDERAL JOB	ACS



## Visit USAJobs today!

#### CHIEVRES AIR BASE FITNESS CENTER





## WE WELCOME ALL NATO!



CHIEVRES BOARDING KENNEL PET GROOMER
Monday & Thursday
Dogs and Cats
Reserve online: benelux.armymwr.com

### **EVENTS: BRUSSELS**

#### **3 Star Recreation Center**

- Thursday Night Dinners 5:30 7:30 p.m.
- Movies every Thursday and Friday 6:30 p.m.
- Takeaway pizza every Friday 4 8 p.m.
- Line Dancing every 1st & 3rd Friday 5 9 p.m.
- Karaoke every 2nd & 4th Friday 5 9 p.m.

#### **MONTH OF JANUARY**

WEIGHT LOSS FITNESS CENTER

**WEDNESDAY, JANUARY 10** 

11 AM

• 4 WEEK WEIGHT LOSS CHALLENGE 3 STAR

**SUNDAY, FEBRUARY 4** 

**7 PM** 

SUPERBOWL PARTY

3 STAR

### **EVENTS: SCHINNEN**

**JANUARY 2 - 5** 

7 AM - 1 PM

WINTER BREAK CAMP

CYS

**WEDNESDAY, JANUARY 3** 

2 - 5 PM

LEGO DAY

**LIBRARY** 

**SATURDAY, JANUARY 13** 

**ALL DAY** 

BRUGES DAY TRIP

**OUTDOOR REC** 

#### **BRUSSELS**



#### **SCHINNEN**

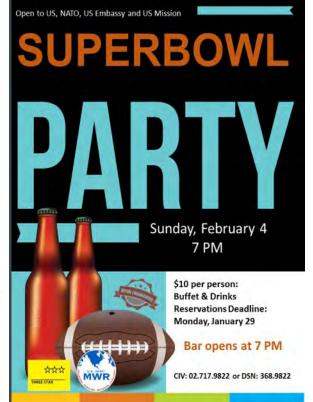






# 3 Star Dinner Night Thursdays

reservation3star@yahoo.com (R.S.V.P. by Tuesday prior)



## STAY CONNECTED



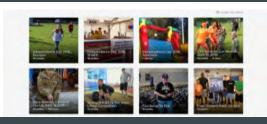
#### **WEBSITE**

Visit us at www.benelux.armymwr.com where you'll find information on activities, prices, hours, phone numbers and directions.



#### **FACEBOOK**

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#### **FLICKR**

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beneluxfmwr@yahoo.com

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#### **SERVICES DIRECTORY**

#### **CHIEVRES**

Auto Skills Center	+32 (0) 68.27.5796
ACS	+32 (0) 65.32.6824
Kennel	+32 (0) 68.27.5436
CYS	+32 (0) 65.32.6839
Chievres Library	+32 (0) 68.27.5767
SHAPE Library	+32 (0) 65.44.5631
Equipment Rental	+32 (0) 68.27.5796
Chievres Fitness Center	+32 (0) 68.27.5643
Army Lodge	+32 (0) 68.26.7111

#### **BRUSSELS**

3 Star Recreation Center	+32 (0) 27.17.9822
Auto Skills Center	+32 (0) 27.17.9743
ACS	+32 (0) 27.17.9783
CYS	+32 (0) 27.17.9651
Brussels Library	+32 (0) 27.17.9791
Fitness Center	+32 (0) 27.17.9667

#### **SCHINNEN**

+31 (0) 46.443.7500
+31 (0) 45.526.3121
+31 (0) 45.526.2669
+31 (0) 46.443.7560
+31 (0) 46.443.7207
+31 (0) 46.443.7561
+31 (0) 46.443.7560



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