



[BENELUX.ARMYMWR.COM](http://BENELUX.ARMYMWR.COM) FOR EVENTS IN YOUR COMMUNITY

**USAG BENELUX FAMILY AND MWR**

**MAY 2019**



**ZUMBA® AND REEJAM MOTHER'S DAY EVENT**

**SATURDAY, MAY 11**

**11 AM - 1 PM**

**CHIEVRES COMMUNITY ACTIVITY CENTER**

Come out to a special Mother's Day edition of Zumba® and Reejam. Dance to Latin and Hip Hop music from the 90's and have fun while getting fit!

Some of your favorite instructors will be teaching this class. Don't miss it!



**MOTHER'S DAY BRUNCH**

**SUNDAY, MAY 12**

**10 AM - 1 PM**

**3 STAR RECREATION-BRUSSELS**

Omelettes made to order, brunch buffet selections including pancakes, bacon, and sausage. Juice/tea/coffee. Moms get special treatment with flowers and chocolates!

Register by May 10: [reservations3star@yahoo.com](mailto:reservations3star@yahoo.com). Thank you to our sponsor, Andrews Federal Credit Union. No Federal Endorsement Implied.



UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND  
[ArmyMWR.com](http://ArmyMWR.com)



# Wellbeats

Fitness on Demand  
DSN: 361.5643 or CIV: 068.27.5643

Check out our monthly calendar on [benelux.armymwr.com](http://benelux.armymwr.com) for a current list of programs and events at the Chievres Fitness Center.

## EVERY DAY EXCEPT WEDNESDAY

- FITNESS PROGRAMS @ CHIEVRES FITNESS CENTER

**SUNDAY, MAY 5** **2 PM**

- CINCO DE MAYO 5K CHIEVRES FITNESS CENTER

**FRIDAY, MAY 10** **6 - 8 PM**

- CYS OPEN HOUSE YOUTH CENTER

**WEDNESDAYS** **1 - 2 PM**

- STORYTIME CHIEVRES LIBRARY

**FRIDAY, MAY 31** **6:30 - 11:30 PM**

- PARENTS' NIGHT OUT CYS

## NEW FITNESS CLASSES CHIEVRES FITNESS CENTER



[chievres.armymwr.com](http://chievres.armymwr.com)  
for class schedule

## CHIEVRES & BRUSSELS FITNESS CENTER



**NOW OPEN TO DEPENDENTS (18+)  
AND RETIREES!**

**Register your CAC or ID card  
during business hours**

# Family & MWR is hiring!



## Visit USAJobs today!



**CHIEVRES KENNEL  
AND PET GROOMING**  
+32 (0) 68 27-5436 DSN 361-5436



## Advertise with MWR!

Chievres Air Base MWR Marquee  
Banner Printing  
MWR Facility Advertising

Contact us: [beneluxfmwr@yahoo.com](mailto:beneluxfmwr@yahoo.com)

# EVENTS: BRUSSELS

## 3 Star Recreation Center

Check out the Friday night activities.  
Visit [brussels.armymwr.com](http://brussels.armymwr.com) for more information.

### MONTH OF MAY

- TRIATHLON FITNESS CHALLENGE FITNESS CENTER

**SATURDAY, MAY 11 9 AM**

- MOTHER'S DAY FUN RUN FITNESS CENTER

**SUNDAY, MAY 12 10 AM - 1 PM**

- MOTHER'S DAY BRUNCH 3 STAR

**WEDNESDAY, MAY 15 8:30 AM**

- HOST NATION ORIENTATION ACS

**THURSDAY, MAY 16 1 - 3 PM**

- VOLUNTEER RECOGNITION CEREMONY

# EVENTS: SCHINNEN

**SATURDAY, MAY 11 10 AM - 3:30 PM**

- MOTHER'S DAY SPORTS FITNESS CENTER

**SATURDAY, MAY 18 NOON - 1:30 PM**

- STRONG BANDS CHALLENGE FITNESS CENTER

**SATURDAY, MAY 18 ALL DAY**

- FAMILY TROUT FISHING ODR

**SATURDAY, MAY 25 10 AM - 2 PM**

- FLEA MARKET

# MOTHER'S DAY ACTIVITIES



# BRUSSELS

**SATURDAY, MAY 11**

MOTHER'S DAY FUN RUN

**SUNDAY, MAY 12**

MOTHER'S DAY BRUNCH

# SCHINNEN

**SATURDAY, MAY 11**

MOTHER'S DAY SPORTS



**SCHINNEN FLEA MARKET  
SATURDAY, MAY 25 @ 10 AM**

# SCHINNEN BOWLING CENTER

Enjoy a jalapeno hamburger and fried pickles with a cold drink while you bowl. Check out the Pin Pointe Café Specials!

U.S. & NATO ID CARD HOLDERS, & THE U.S. TRI-MISSION COMMUNITY

**Brussels Flea Markets**  
Located at BAS entrance parking lot area in the front of the school or before the BAS Clinic.  
10 AM - 2 PM each Saturday  
(Registration: \$30 (table included))  
RESERVATIONS: STAFF@VHOG.COM  
CIV: 02.717.9822 OR DSN: 368-9667

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U.S. & NATO ID CARD HOLDERS, & THE U.S. TRI-MISSION COMMUNITY

**Strong Viking Obstacle Courses**  
The fitness center organizes team participation in 2019!

Ghent - April 13 (Mud)	Amsterdam - May 11 (Hills)	Nijmegen - June 16 (Water)
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**Brussels Fitness Center**  
CIV: 02.717.9667 or DSN: 368.9667

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# STAY CONNECTED



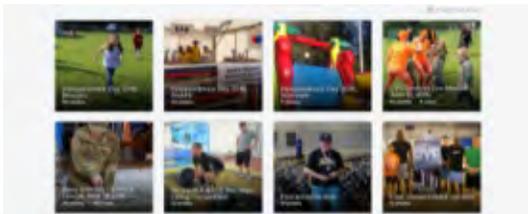
## WEBSITE

Visit us at [www.benelux.armymwr.com](http://www.benelux.armymwr.com) where you'll find information on activities, prices, hours, phone numbers and directions.



## FACEBOOK

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## FLICKR

Follow us on [flickr.com/beneluxfmwr](http://flickr.com/beneluxfmwr) to see our event pictures.



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To unsubscribe from our email list, simply send us an email.

# SERVICES DIRECTORY

## CHIEVRES

Auto Skills Center	+32 (0) 68.27.5796
ACS	+32 (0) 65.32.6824
Kennel	+32 (0) 68.27.5436
CYS	+32 (0) 65.32.6839
Chievres Library	+32 (0) 68.27.5767
SHAPE Library	+32 (0) 65.44.5631
Equipment Rental	+32 (0) 68.27.5796
Chievres Fitness Center	+32 (0) 68.27.5643
Army Lodge	+32 (0) 68.26.7111

## BRUSSELS

3 Star Recreation Center	+32 (0) 27.17.9822
Auto Skills Center	+32 (0) 27.17.9743
ACS	+32 (0) 27.17.9783
CYS	+32 (0) 27.17.9651
Brussels Library	+32 (0) 27.17.9791
Fitness Center	+32 (0) 27.17.9667

## SCHINNEN

ACS	+31 (0) 46.443.7500
CYS	+31 (0) 45.526.3121
Brunssum Library	+31 (0) 45.526.2669
ODR	+31 (0) 46.443.7560
Bowling Center	+31 (0) 46.443.7207
Fitness Center	+31 (0) 46.443.7561
Schinnen Trips & Tours	+31 (0) 46.443.7560

